THE VALLEY SUNRISE



10/12 /2023

2023 - 2024

NEWSLETTER STAFF

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DISTRICT 5160

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Programs/Speakers: Mary Kemnitz Webmaster: John Wenzel Historian: Rich Lueck Scholarships: Alison Bacigalupo Fundraising: Jeff Wilson DV8 Ambassador: Mary Kemnitz

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BOARD MEETINGS

11/14 Board Meeting 7 AM 11/15 Charitable Fund 5:30 PM



Clayton-Diablo Rotary DONATES \$500 TO ART IN A BOX PROGRAM



The Rotary Club of Concord-Diablo President, Lee Koellermeir, presented Staff Photographer Clayton Worsdell and Editor Joan D'Onofrio with a \$500 check as a donation to the Art in a Box program that our club created. Clayton and Joan in turn spoke to the members highlighting how the program got started, the steps involved in preparing the district grant application, the trials and tribulations of researching and buying hundreds of art supplies, and what it's like preparing hundreds of boxes. So far 125 boxes have been assembled and distributed to unhoused students in the Mt Diablo Unified School District—375 more to go.

MORNING RITUAL

SUSIE LIM

EDI BIRSAN

HUGH TOLOUI

BILL SELB CLAYTON WORSDELL











The Pledge

The 4-Way Test

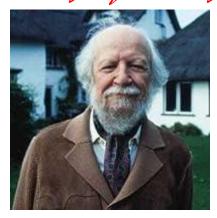
Thoughts for the Day

Mystery Greeter

Thought from Bill Selb

Knowledge is knowing a tomato is a fruit. Wisdom is knowing not to put it in a salad. –Brian O'Driscoll.

Thought from Hugh Tolowi



"I think women are foolish to pretend they are equal to men. They are far superior and always have been. Whatever you give a woman, she will make greater. If you give her sperm, she will give you a baby. If you give her a house, she will give you a home. If you give her groceries, she will give you a meal. If you give her a smile, she will give you her heart. She multiplies and enlarges whatever is given to her. So, if you give her any crap, be ready to receive a ton of shit!" — William Golding









COUNCILMAN EDI BIRSAN

FLOR TOLOUI JIA FUO

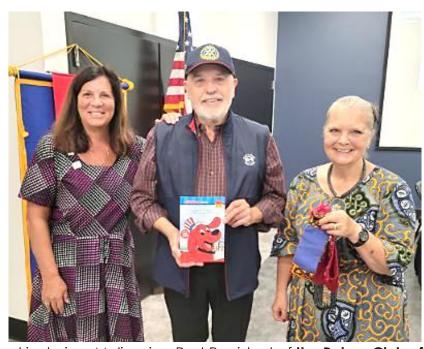
GUESTS FROM UGANDA ON ZOOM

TODAY'S SPEAKERS

Today's speakers told us that their Global Uplift Project completed over 100 projects in Africa, Asia, and Latin America that comprises 800,000 of the poorest people on earth. The projects include a sewing center in Tanzania, classrooms in Indonesia and Nicaragua, and a water system and library in Kenya. Now let's learn about them.

Melissa Prandi

Melissa Prandi, MPM®, RMP® President & CEO of PRANDI Property Management, is a Marin County Native and passionate about giving back to her community and beyond. She has served on many non-profit and chamber boards over the years including the former Hospice By the Bay, Fair housing of Marin, Rotary Club of Mission San Rafael and the business advisory board for Bank of Marin. She is currently serving as the President of the Women's Leadership Philanthropy Council based out of Dominican University (WLPC) where



women support and mentor diversity and inclusion. Melissa is a Past President of **the Rotary Club of Mission San Rafael** where she serves as the membership chair where she was recognized for bringing in and sponsoring more than 25 members. She enjoyed two years' service at District 5150 membership, where the membership team was recognized for number one in new members and membership retention for the entire Rotary Zone. This year Melissa received the 2023 City of San Rafael and San Rafael Chamber of Commerce Citizen of the year award for giving back to her local community and beyond.

Melissa went on an H2Opendoors and Hygiene Rotary international trip to Uganda when she oversaw with the team distribute a total 1400 hygiene kits in a much-needed place. Now over 2650 girls have received hygiene kits as well as the education. Melissa's life was changed forever, and the Melissa Prandi Children Foundation was born. She is proud of the 150+ children that are in school in Uganda because of her foundation and is supported by many great Rotarians, Rotary Clubs, and friends.

Brenda Birrell

Brenda Birrell, Program Director of PRANDI Property Management, is a graduate of Homerton College at the University of Cambridge, England, where she majored in Physics and Education. After earning her teaching credential from the University of Cambridge Institute of Education, she taught Physics at Littleport Village College in Littleport, Cambridgeshire. In 1978 she moved to the United States and began a career in the fledgling computer industry, establishing a career as a corporate communications director. She joined TGUP after working for 15 years in the counseling department at Los Altos High School in Los Altos, California. She enjoys traveling, hiking, singing, baking and listening to classical music. Most of all she loves to spend time with family and friends. (brendab@tgup.org)

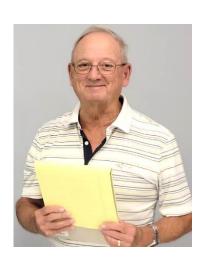
COMMUNITY SERVICES

White Pony Express

Bob Huck reports: "We still need volunteers to do food sorting at the White Pony Express on Friday, October 20 from 8:45 to 11:00am. The location is 3380 Vincent Road, Pleasant Hill. **Please let me know if you can participate. We need your support."**

The Butterfly program is in the works.

To participate, call Bob at 925-787-0343



ARCHVEST OPEN HOUSE: John's New Office

John Wenzel announced that his new Archvest office is hosting an open house on November 3rd from 3PM-6PM. They will have drinks and the whole family is welcome to stop by and see their new office which is located at 1390 Willow Pass Rd., Ste. 930, Concord, CA 94520.



ART IN A BOX: Club Meeting

Clayton Worsdell talked about the visit he and Joan paid to the Concord-Diablo Rotary's Wednesday evening meeting where they were the presenters. The members were warm and friendly, and everyone wanted to help fill the boxes.



CELEBRATIONS: Length of Service

KEN NISHIMORI 43



HERB MUYINGA 33



MONICA FRAGA 12



JEFF WILSON 5



KEN NISHIMORI is a 43 year member. He was with the Concord Rotary before joining our club in 1980. Ken is a three-time Rotarian of the Year, was the longest serving Rotary Foundation Director, and currently serves as our club's Secretary.

HERBERT MUYINGA of the Muyenga Rotary Club of Uganda is a 33 year member with whom we work closely, and he attends our Zoom meetings faithfully every month.

MONICA FRAGA was the 2021-2022 President and celebrates her 12th year of service. She was the Secretary of the Board of Directors and the Charitable Fund, is a Paul Harris Fellow, was the 2015 Rotarian of the Year, and is proud to see her daughter Molly Avilez Bacigalupo became a Rotarian and is the current President-Elect of our club.

JEFF WILSON hit his 5th year and is a very busy member. He serves on the board as the Membership Director was the Chair of the Father's Day Fun Run fundraiser and Co-Chaired the Pancake Breakfast this year. Jeff said his involvement in Rotary is his number one purpose for making our world a safe and better place for his children.

BATTER UP

DG Claire Sammon Roberts announces the following: "The 5160 District Conference's "Field of Rotary Dreams" is scheduled for April 26-28, 2024! The Grand Slam Conference hotel is the Holiday Inn Downtown and is located steps away from the historic Old Sacramento Waterfront District. We are setting up the playing field for fun, fellowship and the opportunity to exchange ideas with other Rotarians! An opportunity to create hope in the world and your club to achieve lasting change. Whether you're a rookie or a seasoned player, there will be something for everyone.



Be an MVP at our District Conference because it will be a Grand Slam!"

HAPPYBUCKS



ALISON BACIGALUPO SPARKS had a happy 10 bucks today to announce her marriage to Tom three weeks ago. We can no longer call her Ms. Bacigalupo. Hey, did I even spell that right? Her new name is now Alison Sparks. We sure can all remember that.

JEFF WILSON had a happy five bucks for coaching his daughter's soccer team. He also had three listings in the past few weeks that are going to close soon.





LARRY HUTCHINGS had a sad buck today. Larry told the club that Dave Kemnitz's mother died last week, and they left on Tuesday for Minnesota to be with the rest of the family. Our condolences are extended.

THE **Raffle**

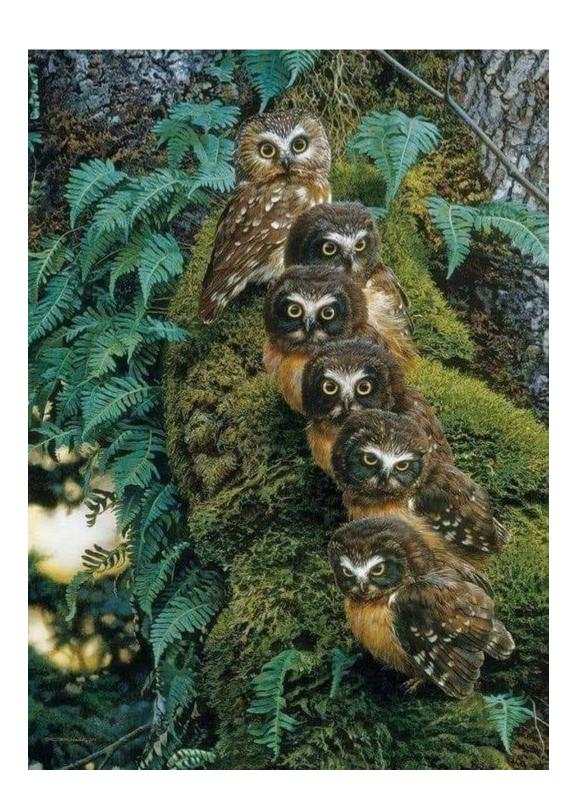
Russ and Joan Winners





THEGALLERY

Another great photo from Bo Morse.



FUNSTUFF BILL SELB



This is what happens when you're drinking whiskey and rye.

We all know mirrors don't lie...

I'm just grateful that they don't laugh.

REAL DEFINITIONS

ADULT: A person who has stopped growing at both ends but is growing in the middle.

BEAUTY PARLOR: A place where women curl up and dye.

CHICKEN: The only animal you eat before they are born and after they are dead.

COMMITTEE: A body that keeps minutes and wastes hours.

DUST: Mud with the juice squeezed out.

EGOTIST: Someone who is usually me-deep in conversation.

HANDKERCHIEF: Cold Storage.

INFLATION: Cutting money in half without damaging the paper.

MOSQUITO: An insect that makes you think better of flies.

SECRET: Something you tell one person at a time.

TOOTHACHE: The pain that drives you to extraction.

TOMORROW: One of the greatest labor saving devices of today.

YAWN: An honest opinion openly expressed.

WRINKLES: Something other people have - similar to my character lines.

OLD: I very quietly confided to my friend that I was having an affair. She turned to me and asked, "Are you having it catered?"

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Everybody knows somebody that has a car they don't need. Tell your friends about how we administer this vehicle donation program with volunteers so that the charity they choose gets the highest value. Donate online at Cars2ndChance.org or call for more information: (925) 326-5868.

... That's all folks