

## POLIO PLUS UPDATE



**Rotary Foundation Director Susie Lim** reported that there were two cases of wild polio virus that caused paralysis this week in Pakistan. Year to date there have been a total of 64 cases of wild polio—23 in Afghanistan and 41 in Pakistan. Last year at this time there were 10.

This week five cases of variant polio viruses were confirmed; both were in Africa. On a more positive note, the administering of the second round of vaccines is due to begin in Gaza very soon.

# MORNINGRITUAL

*The Pledge*



*4-Way Test*



*Mystery Greeter*



*Thought for the Day*



*"Watch out for the joy-stealers: gossip, criticism, complaining, faultfinding, and a negative, judgmental attitude."*



*--Joyce Meyer*

*Guest:* PEGGY HUDSON

Peggy is from the Martinez Rotary and invited us to attend their fundraiser NIGHT OF MAGIC on November 15. The invitation and details are on page 6.



# TODAY'S SPEAKER

## WE NOURISH LIVES

Today's speaker told us that the mission of Loaves and Fishes of Contra Costa is to provide community-based food programs and partner services that focus on basic needs. They started a Culinary Arts Training program that introduces students to basic food preparation, cooking techniques, and the proper operation of a commercial kitchen. Students receive assistance on acquiring a job in the culinary industry and they have placed several students in culinary jobs. They also help students apply to the Diablo Valley Community College Culinary Arts program.



Loaves and Fishes partner with other social service agencies and community-based organizations to support our communities in need. Their partners include Trinity Center, St. Vincent de Paul, Rubicon Programs, Opportunity Junction, White Pony Express and the Food Bank of Contra Costa & Solano. They also seek financial and volunteer support for Loaves and Fishes from individuals, businesses, service organizations, religious organizations and foundations that recognize the need for feeding the hungry.

## ABOUT THE SPEAKER



**Janette Kennedy**, Executive Director of Development and External Relations, joined Loaves and Fishes of Contra Costa in January 2018 as the Development Director and was promoted to Executive Director in May 2023. She is responsible for raising funds and building partnerships to fulfill the organization's mission. Janette has more than 20 years of experience in the nonprofit sector and is passionate about helping others and making sure that all people have access to basic needs. She regularly volunteers in the community and lives in Walnut Creek with her husband and has two children in college.

## BOOK DONATION

The book was signed and will be donated to the Clayton Public Library.



# LET'S GET STARTED

## *Community Services:* BOB HUCK

**Director Bob Huck** announced that the Home Team will meet on November 23<sup>rd</sup> so book your needs and tell Bob if you will help. He is preparing the Butterfly Garden clean up and spending more time with the White Pony Express events. Stay tuned.

## *San Felipe:* TORSTEN JACOBSEN



The education and implementation one-week event for our massive program for diagnosing and treating early stage cervical cancer (a major focus of Rotary as announced at the International gathering in Australia recently) took place under the guidance of Dr. Richard Godfrey, a Rotarian from the Fremont Niles club and who has introduced the Ampfire genetic screening technology to several other countries that included Chile, Bolivia, Nepal and Kenya.

More than a half dozen ladies showed up from California (in all, six clubs were involved) plus two are already working in Baja (Bajabridges and Bajamar-Michelle & Bob's club) for three days of lectures and lab training including the clinic staff. Additional training is to be undertaken for patient examination and thermocoagulation of stage 1&2 lesions. Barbara Berry of the Oakland club has been doing the work in the six figure grant request soon due out.

Cervical cancer is one of the very leading causes of cancer death in middle and low income countries with well over 600,000 new cases documented annually and over 350,000 deaths down to age 30. One per hour in Mexico. It is preventable with vaccination at puberty. Amazingly, even in the US in contrast to other highly developed countries only about 40% of girls receive it. End goal is an additional center in Southern Baja along with the mobile clinic (called Van Gogh!). A super rewarding and much good vibes Rotary project and event. Be Proud! Come for the famous cancer walk and celebration this Spring!

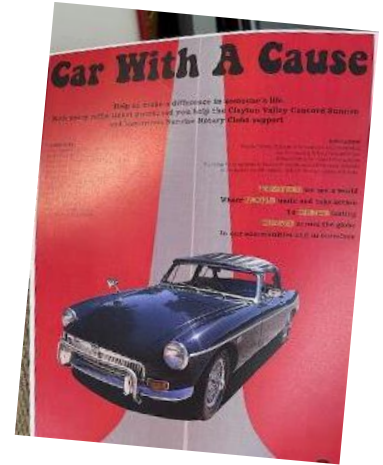


# C2C: VALENTINE'S DAY RAFFLE



We are now selling 600 tickets at \$100.00 each. The vehicle was donated by a long time customer of D&H and he had recently invested \$20K

in restoration. The vehicle, the classic British 69 MGB, has 15K original miles on it." Tickets are printed and the **drawing will be held on Valentine's Day.**



## *Contribution:* "BEING MORTAL"

**Torsten Jacobsen** shares these words with you. He read more than once "Being Mortal" by Atul Gawande and much of what he says is all the more relevant at this moment in time.

*"We all need and should seek a cause beyond ourselves. This gives our lives meaning. This dedication we can call loyalty is the opposite of individualism which puts self-interest first. To the individualist, loyalty to a cause beyond self-interest seems strange because when you are gone, self-sacrifice makes no sense. For our lives to be enduring, we need devotion beyond ourselves. If self-interest were the primary source of the meaning of life, then it wouldn't matter if an hour after our death, everyone we knew were to be wiped from the face of the earth. We should seek transcendence--a transient desire to see and help other beings achieve their potential. These thoughts apply strongly to the situation we find ourselves in forever and certainly in this moment in time."*



# Martinez Rotary Club: FUNDRAISER



Please join the **Martinez Rotary Club** for a **Night of Magic** at the California Magic Club in Downtown Martinez!

**Friday, November 15, 2024**

**Show starts at 7:30 p.m.**

\$115.25/per person

Tickets at this link:

<https://www.calmagic.com/tickets/friday-november-15-2024-dinner-show-tickets>

<https://www.calmagic.com/ticket-policy>

A "Tour-de-force of entertainment" is the only way to describe Ron Saylor's magical performance. A true master of the fine art of magic, this busy gentleman performs hundreds of shows a year all across the United States. His next stop is the California Magic Club in Martinez on November 15, 2024.

**Doors open promptly at 7:30 PM.** The preset dinner menu starts with a baby greens salad. The main course includes sliced roasted tri-tip beef and marinated boneless chicken breast served with garlic butter dipping sauce, seasonal vegetables, and golden herb rice. A vegetarian option is available. Dinner with close-up magic performed right at your table concludes with their renowned hand-dipped chocolate-covered strawberries and assorted bite-sized treats. Then, it's time for the big stage show with your magical host Gerry Griffin. The evening ends at 10:30 PM



514 Main Street, Martinez, CA



# HAPPYBUCKS BARBARA REIFSCHEIDER



**Torsten Jacobsen** was very 5 bucks happy to tell us that the San Felipe Rotary much appreciated the 58 art tablets our club donated, and the drawing supplies provided by *Dr. Godfrey*.

**Jeff Wilson** had a happy buck this morning. Jeff will have to be an early riser this weekend because he is coaching six of his daughters' games on Saturday, and he'll have to do the same thing on Sunday. Jeff is also going to attend his friend's birthday party and said he'll either do BART or Uber to get home. Guess he is planning to party hard.



**Russ Anderson** had a happy two bucks for the fantastic time he had in Indianapolis. No, not at the racetrack. He was at a business meeting, and he stayed at the same hotel as Taylor Swift. No, no he didn't get a glimpse of her.

**Vicki Sexton** told us what happened to **Joan D'Onofrio** who was in no mood to speak. Seems Joan had a little fire on her roof. Apparently the neighbor saw smoke from across the street and wondered where it was coming from and immediately called the fire department. Then she ran to Joan's house who had no idea what was happening.



## *Raffle Winner*

JEFF WILSON



# FUNSTUFF

BILL SELB & CAROL WORSDELL



**THANKS FOR READING**

**NEWSLETTER STAFF**

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Clayton Worsdell, Photo-essayist  
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Barbara Reifschneider  
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Irene Davids-Blair, President-elect  
Ken Nishimori, Secretary  
Mary Kemnitz, Treasurer  
Russ Anderson, Sergeant at Arms

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Bob Hooy, Chair  
Russ Anderson, Vice Chair  
Mary Kemnitz, Secretary  
Vicki Sexton, Treasurer

# ONE LAST THING



# Accomplishments

It was a very good year. Here are all the things our club accomplished in the 2023-2024 term under the leadership of our president Bob Sundberg. We're keeping this list in the newsletter to remind us of what we have to live up to. **New accomplishments are in red type.**

## Community Service - Local Projects

- CVCHS Art Expo \$1,225 - Alison Sparks
- CVCHS Robotics Club donation \$500
- **Diablo View Parents Club (From 5k Run) – Jeff Wilson**
- **Mt Diablo Elementary Parents Club (From 5k Run) – Jeff Wilson**
- MDUSD **Art In A Box HOPE** – Homeless Children – Joan Donofrio
- Backpacks and supplies for families served by the Family Justice Center, Concord
- San Felipe Gracie/Kuchy Sanchez Youth Education Program \$6,500.00 matching Funds - Certificates for uniforms, shoes & socks. Scientific calculator, and testing costs to get into High School – Richard Lueck
- San Felipe reconditioned laptop computers – Richard Lueck – Johnny Morgan
- Kennedy-King Memorial Scholarship - \$1,000.00 – Irene Davids-Blair

## Local Community

- Earth Day – Newhall Park Butterfly Garden 4/18/2024
- Home Team – Bob Huck
- White Pony Express food sorting
- Adopt A Street 4/6/2024 - 10/7/2024
- Salvation Army Christmas Bell Ringing at Safeway, Clayton (8 volunteers \$744.00)
- Christmas Contra Costa Food Bank Donations – Bob Hooy
- Christmas Monument Crises Center Food Boxes – 250 Total, \$12,000.00
- City of Concord Planting project
- DVC Domestic Violence Legal Clinic donation \$250, Steve Lack
- Clayton Library book donations as speaker's gifts - \$1,000.00
- Clayton Valley Village - \$1,000.00

## International Projects

- Rotary Polio Plus - Goal \$2000, Actual \$3520
- Rotary Intl Annual Fund - Goal \$13,000, Actual - Exceeded
- Oakland Rotary Club's India Indigenous Tribal project \$2,000.00
- Donations to the Maui District Rotary Foundation for the Maui Fire relief.
- Nsawo Village Clinic Children's (5-14 Years of Age) Personal Hygiene Kits (121) - \$5,000.00
- Nsawo Village Clinic other - \$16,625.00
- Nsawo Village general Economic Development - \$29,925.00
- Nsawo Village mosquito nets - \$1,975.00
- **San Felipe Annual Cancer Walk Don't Run Event**
- **Uganda: Save a Girl: hygiene bags, bar soap, sewing machines**

## District and Global Grants

- San Felipe Replacement mammography machine – \$125,000.00
- San Felipe/Area Cervical Cancer Testing equipment - \$25,000.00

- Nsawo Village Coffee huller and maize milling machine - \$20,000.00
- Art in a Box - \$15,000 – 560 boxes assembled - Joan Donofrio

#### **Fund Raisers**

- Pancake Breakfast 4<sup>th</sup> of July 2023. More than \$6,500.00 – Jeff and club
- Father's Day 5k Run 6/16/2024 - \$5,000 so far – Jeff Wilson
- Cars 2<sup>nd</sup> Chance car donation program and raffle – Mary Kemnitz

#### **Club Socials and Events**

- Bocce Challenge 9/21/2024
- Holiday Party 12/2024
- FNL – Friday Night Live – John Wenzel, Barbara R, Joan Donofrio
- BBQ in the park – Clayton Community Park, 9/21/2023
- BBQ in the park – Newhall Park
- 2024 Promo/Demo
- Deb and Hood visit planning, scheduling, arranging. – Larry, Hugh, Torsten

#### **Notable**

- Website - redesigned by John Wenzel
- Projected 2023-2024 EOY Club Financial balance of more than \$7,500.00
- Recognition citation was issued by Gordon McInally, RI President, for our club meeting our goals for 2023-2024.
- Major Donors, Russ Anderson and Bob Sundberg. Major Donors are those who have donated \$10,000.00 or more to RI.

