

November is Rotary Foundation Month and Thanksgiving



This month, we gather on the 28th with family and friends to count our blessings, give thanks for what we have received and for what we can share with others. The Rotary Foundation (TRF) provides the financial fuel that allows Rotarians and Rotary Clubs to share with others through life-changing projects in our home communities and around the world and take satisfaction in knowing that your gift will be used by one of the most efficient organizations in the world—one that makes truly positive changes in people's lives.

MORNING RITUAL

The Pledge



4-Way Test



Mystery Greeter



Thought for the Day



“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.”



— Margret Mead

Guests: SPEAKERS

KELLY MCKINLEY and ANDIE ALTMAN



TODAY'S SPEAKER

GROW

Today's speakers, **Kelly McKinley** and **Andie Altman**, brought us up to speed since they spoke to us last year about GROW. They reminded us of the organization's mission: GROW is a non-profit organization that is committed to providing kindness, compassion and basic life necessities to unhoused individuals and those in need in our community. They are dedicated to providing nourishment, hygiene services, friendship, rapport, and outreach. Also to foster meaningful relationships with our homeless friends and community partners and to create a safe and supportive environment that encourages growth, personal development, stabilization, and positive changes for all.

The speakers went on to say that GROW Concord has three core activities. *"First and foremost, we help our unhoused community members and those in need. Second, we help educate others on the homelessness crisis and how to be an ally to your unhoused neighbors. Third, we actively fundraise, train volunteers, and seek donations in kind, including supplies, spaces, and meals."*

When helping our unhoused community members we offer a variety of services including hot meals, weekly showers, Transitions to sober living, connecting, people to partners and resources, laundry, pet food, clothing and basic supplies.

When fundraising and gathering supplies we work with the City of Concord, businesses, and neighbors too."

BOOK DONATION

The book was signed and will be donated to the Clayton Community Library.



LET'S GET STARTED

Community Services: BOB HUCK

Director Bob Huck announced that he is preparing the Butterfly Garden clean up and spending more time with the White Pony Express that will meet 12/18.

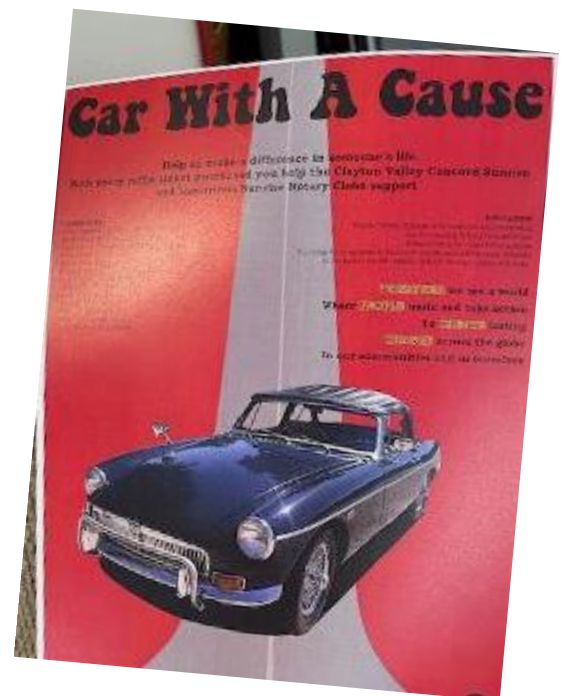
BELL RINGING

Bob said: "We are scheduled to do the Salvation Army Bell Ringing on Saturday, December 7 at the Clayton Safeway store. In the past years we have been very supportive of this fun and beneficial event. We need 2 volunteers between 11:00 & 1:00, 1:00 & 3:00, and 3:00 & 5:00. You can bring spouses, friends & children. Please let me know if you can participate."

CZC: VALENTINE'S DAY RAFFLE



We are now selling 600 tickets at \$100.00 each. The vehicle was donated by a long time customer of D&H and he had recently invested \$20K in restoration. The vehicle, the classic British 69 MGB, has 15K original miles on it." Tickets are printed and the **drawing will be held on Valentine's Day.**



INTERNATIONAL NEWS

Deb Luyiima reports: "We are happy to share the successful outcome of our recent immunization exercise in the villages of Nongo, Kaswa, Kibisi, Njonjo, and Nsawo, conducted from 11th to 15th November 2024. This initiative was made possible through our partnership with the government, which generously provided the vaccines.



Immunization Statistics:

- HPV (Human Papillomavirus): 183 doses administered to females of childbearing age
- Dewormers: 200 doses administered to children under 5
- Vitamin A: 302 doses administered to children under 5
- Td (Tetanus Toxoid): 69 doses administered to females of childbearing age
- Measles: 195 doses administered to children under 5

The Clinic team worked closely with community leaders to ensure the success of this exercise.

This immunization drive will have a lasting impact on the health and well-being of these communities, protecting vulnerable populations from preventable diseases."



Pocket Change A REALLY GREAT IDEA



Tineke Jacobsen sent us this email and a really great idea: " It was nice to read about how **Brenda Birrell** appreciated speaking to my husband's Concord Clayton Sunrise Rotary Club. Indeed, from all the program events around Deb and Hood Luyima's visit last summer, she got to know many members in this club. I also like to thank her for her excellent presentation, and I like to elucidate some points that really touched my heart. Aside from all projects in TGUP wishing for a large influx of funds, she mentioned the importance of "pocket change."

If I may describe why this struck me. As grandparents of 10 children ranging from age 3 to 22, we have traditionally sent them a check for Christmas, with the intention that it would go towards their College account. The amounts of the checks increased from Kindergarten to Grammar School, to Middle School, Highschool with an increase once in College.. This year we intend to withhold a percentage of their check amounts to give them the "gift of giving" and thus allocate funds towards improving lives for those who are in need. This means that we will be giving a donation that will buy 2 pairs of shoes at \$ 50.00, 10 Save a Girls kits \$ 60.00, 3 Hygiene kits \$ 30.00, 1 Birthing kit \$ 30.00, and 3 sets of school supplies \$ 30.00. The benefits to my husband and I are that:

1. we can talk with our grandkids about what is needed in this world that exists beyond their own scope and "devices" and offer them a way in towards developing an eye for what makes the world a better place,
2. the environmental benefits of not driving to shop, use wrapping paper and ribbon to go to waste,
3. we would be supporting locally sourced and locally fabricated meaningful goods that provide a source of income to burgeoning businesses in third world countries, instead of supporting plastic toy (often toxic) manufacturers in China.
4. grandparents will feel empowered in not wasting time asking our kids for gift suggestions that they are too busy to address.

What can be more efficient, productive, and fun than going shopping for Christmas gifts at The Global Uplift Project (TGUP), right from your desk or couch and phone? So yes, while we keep the needs of the Nsawo Village's need for construction of a coffee hulling and storage facility front and foremost, Brenda, I thank you for your brilliance in pointing out what can be accomplished with just pocket change. I hope to be able to share my thoughts about this with anyone, but especially with our Clayton Valley Sunrise Rotary Club members."

Check out the website and see how you can help: TGUP.ORG

HAPPYBUCKS BARBARA REIFSCHEIDER



Julia Kitay had a happy 10 bucks today. Julia donated 100 more hygiene kits and a donation to GROW.

Irene Davids-Blair had five happy bucks this morning and told us that she will be vacationing in South Africa for the next three weeks!



Torsten Jacobsen happily thanked **Larry Hutchings** for his hard work, knowledge and perseverance in getting the grant application completed for a new mammography machine. He then noted how well Rotary can succeed when working with other entities such as Global Uplift, Julia Kitay, our cervical cancer project and others.



Raffle Winner SUSIE LIM



THE GALLERY

This photo of edible Oreo turkeys is one that Clayton and Carol Worsdell made for us in honor of Thanksgiving.

Hope you all have a very happy celebration.



Clayton Worsdell also sent us these interesting photos of Ladybugs. He reported that In the winter, around this time of year, millions of these colorful insects, known as Ladybugs, migrate through Mount Diablo State Park and other East Bay Regional District parks to seek shelter from the cold and rain. They can be found in large numbers in dark, shaded ravines, especially on the Falls Trail. In the spring, they return to local gardens and fields to feed on aphids and other bugs. Here are a couple of photos showing a large congregation of them.

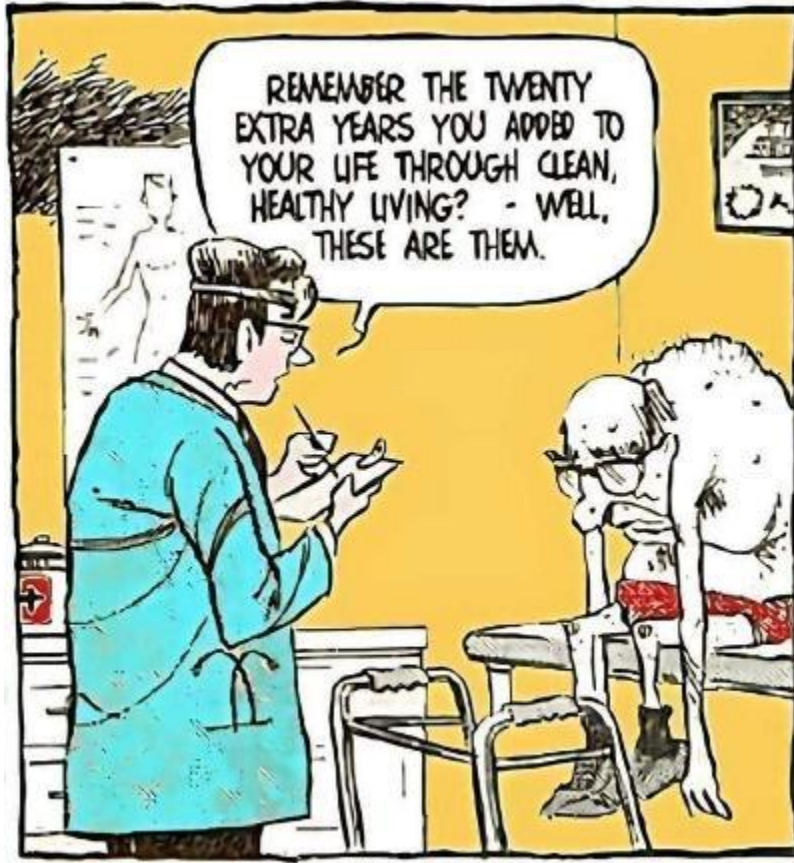


FUNSTUFF BILL SELB & CAROL WORSDELL

IN HONOR OF THANKSGIVING

- "What do you get when you cross a turkey with a centipede?"
"Drumsticks for everyone!"
- "Why did the farmer have to separate the chicken and the turkey?" "He sensed fowl play."
- "What key has legs and can't open a door?" "A tur-key."
- "Why did they let the turkey join the band?" "Because he had his own drumsticks."
- "What happened to the turkey that got in a fight?" "He got the stuffing knocked out of him!"
- "What do you get when you cross a turkey with a centipede?"
"Drumsticks for everyone!"
- "How does a turkey travel?" "By the gravy train."





THANKS FOR READING

NEWSLETTER STAFF

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ONE LAST THING

Accomplishments

It was a very good year. Here are all the things our club accomplished in the 2023-2024 term under the leadership of our president Bob Sundberg. We're keeping this list in the newsletter to remind us of what we have to live up to. **New accomplishments are in red type.**

Community Service - Local Projects

- CVCHS Art Expo \$1,225 - Alison Sparks
- CVCHS Robotics Club donation \$500
- **Diablo View Parents Club (From 5k Run) – Jeff Wilson**
- **Mt Diablo Elementary Parents Club (From 5k Run) – Jeff Wilson**
- MDUSD **Art In A Box HOPE** – Homeless Children – Joan Donofrio
- Backpacks and supplies for families served by the Family Justice Center, Concord
- San Felipe Gracie/Kuchy Sanchez Youth Education Program \$6,500.00 matching Funds - Certificates for uniforms, shoes & socks. Scientific calculator, and testing costs to get into High School – Richard Lueck
- San Felipe reconditioned laptop computers – Richard Lueck – Johnny Morgan
- Kennedy-King Memorial Scholarship - \$1,000.00 – Irene Davids-Blair

Local Community

- Earth Day – Newhall Park Butterfly Garden 4/18/2024
- Home Team – Bob Huck
- White Pony Express food sorting
- Adopt A Street 4/6/2024 - 10/7/2024
- Salvation Army Christmas Bell Ringing at Safeway, Clayton (8 volunteers \$744.00)
- Christmas Contra Costa Food Bank Donations – Bob Hooy
- Christmas Monument Crises Center Food Boxes – 250 Total, \$12,000.00
- City of Concord Planting project
- DVC Domestic Violence Legal Clinic donation \$250, Steve Lack
- Clayton Library book donations as speaker's gifts - \$1,000.00
- Clayton Valley Village - \$1,000.00

International Projects

- Rotary Polio Plus - Goal \$2000, Actual \$3520
- Rotary Intl Annual Fund - Goal \$13,000, Actual - Exceeded
- Oakland Rotary Club's India Indigenous Tribal project \$2,000.00
- Donations to the Maui District Rotary Foundation for the Maui Fire relief.
- Nsawo Village Clinic Children's (5-14 Years of Age) Personal Hygiene Kits (121) - \$5,000.00
- Nsawo Village Clinic other - \$16,625.00
- Nsawo Village general Economic Development - \$29,925.00
- Nsawo Village mosquito nets - \$1,975.00
- **San Felipe Annual Cancer Walk Don't Run Event**
- **Uganda: Save a Girl: hygiene bags, bar soap, sewing machines**

District and Global Grants

- San Felipe Replacement mammography machine – \$125,000.00
- San Felipe/Area Cervical Cancer Testing equipment - \$25,000.00
- **Nsawo Village Coffee huller and maize milling machine - \$20,000.00**
- Art in a Box - \$15,000 – 560 boxes assembled - Joan Donofrio

Fund Raisers

- Pancake Breakfast 4th of July 2023. More than \$6,500.00 – Jeff and club
- Father's Day 5k Run 6/16/2024 - \$5,000 so far – Jeff Wilson
- **Cars 2nd Chance car donation program and raffle – Mary Kemnitz**

Club Socials and Events

- **Bocce Challenge 9/21/2024**
- **Holiday Party 12/2024**
- FNL – Friday Night Live – John Wenzel, Barbara R, Joan Donofrio
- BBQ in the park – Clayton Community Park, 9/21/2023
- BBQ in the park – Newhall Park
- 2024 Promo/Demo
- Deb and Hood visit planning, scheduling, arranging. – Larry, Hugh, Torsten

Notable

- Website - redesigned by John Wenzel
- Projected 2023-2024 EOY Club Financial balance of more than \$7,500.00
- **Recognition citation was issued by Gordon McNally, RI President, for our club meeting our goals for 2023-2024.**
- **Major Donors, Russ Anderson and Bob Sundberg. Major Donors are those who have donated \$10,000.00 or more to RI.**

