



## 2023 - 2024

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### CONTENTS

Morning Ritual  
Announcements / News  
International News  
Happy Bucks

### BOARD MEETINGS

Board Meeting 7 AM  
Charitable Fund 5:30 PM



# RIDE FOR ROTARY

*Vroom, Vroom, Vroom*

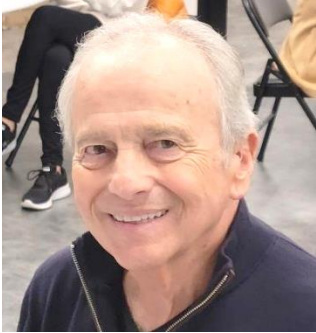


## MEMBER OF ACTION

**Torsten Jacobsen** wants us to get ready for the Ride for Rotary production that takes place in India on January 17 to 29, 2024, and experience a truly unique and inspirational event. It is a twelve day 100% sponsored tour through the gorgeous countryside with everything provided: that includes motorcycles with full take-home gear, or a car, lodging, meals, culture, entertainment, and visits to multiple clubs. Three years ago, Torsten took part in this event and found it to be an unforgettable and rewarding experience. Check it out: [www.rideforrotary.com](http://www.rideforrotary.com)

# MORNING RITUAL

LARRY HUTCHINGS



*The Pledge*

JEFF WILSON



*The 4-Way Test*

SUSI LIM



*Thought for the Day*

BARBARA R.



*Mystery Greeter*

*“I am only one, but still, I am one. I cannot do everything, but still, I can do something. And because I cannot do everything I will not refuse to do the something that I can do.”*

*— Helen Keller*

## *Guests*



**KEILI BUSLER**  
*Lexus Concord*



**MARK ROBERTS**  
*District 5160 Foundation Chair*



**DAN GERALDI**  
*District Governor-Elect*

# TODAY'S SPEAKER: *Mark Roberts*

## The Give and Take of the Rotary Foundation

This morning the **2023-2026 District Rotary Foundation Chair, Mark Roberts**, talked to us about how to financially donate to the Rotary Foundation thereby helping Rotary members advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty. Rotary is a global organization that operates in nearly every country in the world and deals in 29 currencies. Rotary takes stewardship of its funds seriously. The money is spent on life-changing, sustainable grants, as well as programs and services that support our members' transformative work. We have invested \$3 billion in thousands of projects over the past 100 years.



## *About the Speaker*

**Mark Roberts** is the 2023-2026 District Rotary Foundation Chair and was the 2020-2021 Past District Governor. Mark's first encounter with Rotary was as a founding member and second president of the Rotaract Club at the University of San Francisco in the late 1970s.

After a 30-year hiatus, he joined the Rotary Club of Lamorinda Sunrise in 2009. He was club president during 2012-13. Most of Mark's career was in non-profit management, primarily fundraising, including at the University of San Francisco, Saint Mary's College of California and California Shakespeare Theater. He retired at the end of 2018.

In Rotary District 5160, Mark was assistant governor for 2 years for the Lamorinda Fab 5 clubs. He held positions with District Rotary Foundation Committee. He was selected to the District Governor line in May 2018 and completed his year as DG on June 30, 2021. He is currently District Rotary Foundation Chair (DRFC).



Mark is a big wine and single malt Scotch guy. He is a history, old maps, gardening and car buff and is a lifelong SF Giants and 49ers fan. His spouse, current District Governor Claire, is also a Lamorinda Sunrise Rotarian and past club president. They have been married 38 years and, after living in Orinda since 1993, moved to Danville in 2021.



# **SAN FELIPE:** *Cervical Cancer*

**Torsten Jacobsen** reported that at the recent Rotary conference in Australia the effort on assisting in the eradication of preventable and treatable health pandemics such as the near complete eradication of polio now would be redirected to cervical cancer--a preventable and transmissible disease that kills hundreds of thousands of women worldwide some as young as 25 years old.

**Dr. Richard Godfrey** wrote an extensive article on the subject in the September issue of the Rotary magazine and spearheaded huge projects in Nepal, Bolivia, Guatemala, and Kenya.

A new technique, using HPV genetic screening, is superior in Pap smears and diagnosis established disease without the need for examination. Positive cases can be treated in less than a minute. Torsten contacted Richard to rendezvous with him in San Felipe, which he immediately did. A presentation was done at our very active partner club (currently twelve ongoing projects including support for over 300 students). Next followed a visit to the Cancer Clinic that has been in existence for over 15 years with well over 51,000 exams/treatments to say nothing of education and thus has grown immensely and in appreciation.

This is due in large part to the tremendous effort, knowledge, and dedication of **Edith Fuentes Casillas** the Director of the Cancer Center. Richard was extremely impressed with the facility and Edith's vast knowledge. Next followed two fundraisers for the clinic---first a Bahzinga card lottery game attended by no less than 160 folks and then a gala with fantastic food prepared by culinary students and music provided by violinist Enrique Tovar. The goal is to introduce Ampfire diagnostic technique. This will require about \$30K for equipment and reagents. Cost of treating a single women is about \$5. Much less than with Polio and while polio is a disease with sometimes horrible crippling, the death toll is much lower. The goal is: 90-70-90. -- 90% of girls vaccinated by 15, 70% of women screened by age 35, 90% of women found were positively treated.



**Edith Fuentes Casillas**

# CLUB NEWS

## *Community Services:* BOB HUCK



**BELL RINGING:** Bob told us that it's time to sign up for the annual Salvation Army bell ring event to take place at the Clayton Safeway on December 9. If you are on board, let Bob know, and he will assign you a time to participate.

**WHITE PONY EXPRESS:** This will take place on December 20th from 9 to 11 am. Those who attended the one last month were Clayton, Larry, Bob, and Susie. They all said it was a lot of fun, so sign up with Bob.

## *Cars 2<sup>nd</sup> Chance:* MARY & LARRY



Secretary Mary reported that she deposited \$3,000 in the Charitable Fund.

Ambassador Larry Hutchings reported that we presented a \$3,500 check to the Moraga Rotary Club's President, Jennifer Brophy, as their share of a Cars 2<sup>nd</sup> Chance sale.



## *Christmas Party:* VICKI SEXTON



Vicki announced that a Christmas party is being planned for Thursday, December 14<sup>th</sup> at 6:00 pm right here in our meeting room.

## AWARD: *Polio Plus Now*



**DG-Elect Dan Gerald** presented a Certificate of Appreciation for our club's financial support of the End Polio Now Countdown to History Campaign. **President Bob Sundberg** accepted the award.

## SERVICE ABOVE SELF: *Filling a Need*

**John Wenzel** took it upon himself to buy new hooks and install them in his daughter's TK classroom. He saw the need and decided to fill it. The teacher, Mrs. Perez of Mt Diablo Elementary, witnessed firsthand what Rotary is and what they do.





# HAPPYBUCKS

BARBARA REIFSCHNEIDER



**RICHARD LUECK** gave 100 bucks today because his phone went off during our meeting this morning. Apparently it was a test call from his security company. Luckily the false alarm worked. Also, while Richard and his wife were in Hawaii, he got food poisoning and had to spend a couple days close to the potty!

**VICKI SEXTON** gave a grumpy buck this morning for her phone going off unexpectedly.

**BOB SUNDBERG** gave 20 grumpy bucks for his phone going off this morning during our meeting.



**JEFF WILSON** had happy bucks because his daughter's soccer team won the world cup. He was also happy that he received a thank you card from someone who participated in the Fun Run.

**LARRY HUTCHINGS** was happy about the sewing clinic in Uganda.

**TORSTEN JACOBSEN** had a grumpy buck because several weeks ago he dove to protect a woman who was tumbling backwards down a flight of concrete steps. It resulted in him sustaining a tear in his shoulder and requiring surgery; A happy buck was for the fact that the woman was not hurt.

## RAFFLE WINNER

*Congrats, Barbara*



# READERS' COMMENTS

*Irene Davids-Blair*



I wish more young people would be like Haakon & Siri Gaaserud. This world would be a better place. Some corrections & additions to my Happy Bucks Report: I didn't just find out, I watched the game live, as it was played in France. South Africa won the World Cup in Rugby, not soccer. Completely different game. 😊 South Africa set a world record by being the first country in the world to win the Rugby World Cup for four times. Both finalists, South Africa & New Zealand had each won it three times in the past years. It's held every four years, like the Olympics. South Africa is also the first country in the world to win back-to-back World Cups! South Africa beat France in the Quarterfinals, then beat England in the Semifinals & then beat New Zealand in the Finals.  
Irene Davids-Blair

*Torsten Jacobsen*

Two of our grandchildren Haakon—named after the famous Norwegian Viking king—and his sister Siri, are the children of one of our four daughters—three of whom are in medicine—Annelise, gave a presentation on the soap producing project that they began while visiting our Ugandan Rotary three years ago when Haakon and Siri were ages 13 and 11. Annelise decided to take a one year sabbatical from her very busy schedule at her Seattle Kaiser affiliate. The purpose being to expose the children to the beauty, diversity, and fragility of nature—which visits to critical areas in central and South America and the fantastic wildlife and nature of Uganda certainly did—and by going to very challenging and diverse developing countries, to give them insight into the struggles so many in this world must put up with to survive versus the "comfort cocoon" in which they themselves and their friends had grown up and thus stimulate a more selfless outlook going forward. So, this was no "Disneyland" trip! While Annelise focused more on the medical needs of the clinic and personnel, the Haakon and Siri had the opportunity to observe and spend time with the school children in the village. In doing so, they noted that the single outhouse facility for all the school kids had no soap or water. The children thus were running back and forth with no way for sustaining healthy hygiene and risking contaminating the school and their classmates (dysentery being a prominent cause of childhood sickness and death). So, they came up with a creative "skit" whereby they and Annelise "contaminated" themselves with peanut butter to get across the little-known existence to the kids about bacteria. As a result, a Rotoact young man came to the village from Kampala to instruct the students and personnel in soap-making. Haakon and Siri went to "Go Fund Me" to raise funds. The children caught on enthusiastically and started making their own soap (which they branded Haakon & Siri). Tineke, Annelise, her husband Mark, and I have been sending funds for the project, but time had come for Haakon and Siri to create a "soap business" stateside i.e., to the work, earn and send funds so the village children could continue to produce their own soaps along with clean water access. They sent the beautifully fragrant soaps to our meeting today for our members to buy and support the project that meets the Four Way Test and inspires and supports the youth on both continents.





# THE GALLERY

If you're ever suffering from food poisoning and need to board a plane, be sure to buy your ticket on INCONTINENT AIRLINES.



# FUNSTUFF

BILL SELB



**WOMAN:**  
Shampoo for  
dry and  
damaged hair.

**MAN:**  
6 in 1 shampoo  
for hair, face,  
body, carpet, car  
and dishes.

How to eat pumpkin pie  
the right way. 🍂🍂





Everybody knows somebody that has a car they don't need. Tell your friends about how we administer this vehicle donation program with volunteers so that the charity they choose gets the highest value. Donate online at [Cars2ndChance.org](http://Cars2ndChance.org) or call for more information: (925) 326-5868.

*... That's all folks*



