



2023 - 2024

NEWSLETTER STAFF

Editor: Joan D'Onofrio
Photo Essayist: Clayton Worsdell
Copy Editor: Lois Nelson
Historian: Rich Lueck
Reporter: Barbara Reifschneider
Reporter: Bill Selb
Reporter: Mary Kemnitz:

DISTRICT 5160

District Governor: Claire Roberts
Assistant DG: Cathy Durfee

BOARD OF DIRECTORS

President: Bob Sundberg
President-elect: Molly Bacigalupo
Treasurer: Vicki Sexton
Secretary: Ken Nishimori
Sergeant-at-Arms: Russ Anderson
Vocational: Eric Rehn
New Generations: Molly Bacigalupo
RI Foundation: Susie Lim
Membership: Jeff Wilson
International: John Wenzel
Club Services: Barbara Reifschneider
Community Services: Bob Huck

CHARITABLE BOARD

President: Bob Hooy
Vice President: Russ Anderson
Treasurer: Vicki Sexton
Secretary: Mary Kemnitz
Irene Davids-Blair
Jeff Wilson
Bob Sundberg
Bill Selb
Hugh Toloui

COMMITTEE CHAIRS

Programs/Speakers: Mary Kemnitz
Webmaster: John Wenzel
Historian: Rich Lueck
Scholarships: Alison Bacigalupo
Fundraising: Jeff Wilson
DV8 Ambassador: Mary Kemnitz

CONTENTS

Morning Ritual
Announcements / News
International News
Happy Bucks

BOARD MEETINGS

Board Meeting 7 AM
Charitable Fund 5:30 PM



ART IN A BOX Phase Two



MEMBERS IN ACTION

Another 125 boxes were assembled this week with the help of members from the Rotary Club of Lamorinda Sunrise, along with **Lois Nelson, Barbara Reifschneider, Carol** and **Clayton Worsdell, Susie Lim** and her daughter **Kristen Noonan**. Today's speaker, **Rosie Reid** will collect the art filled boxes and distribute them to the homeless/foster students at the end of this month. Another 125 boxes will be assembled in January with Concord Diablo Rotary members volunteering.

MORNING RITUAL

MONICA FRAGA



The Pledge

BILLSELB



The 4-Way Test

MARY KEMNITZ



Thought for the Day

MARY KEMNETZ +



Mystery Greeter

“Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos into order, confusion into clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend.”

— Melody Beattie

Guests



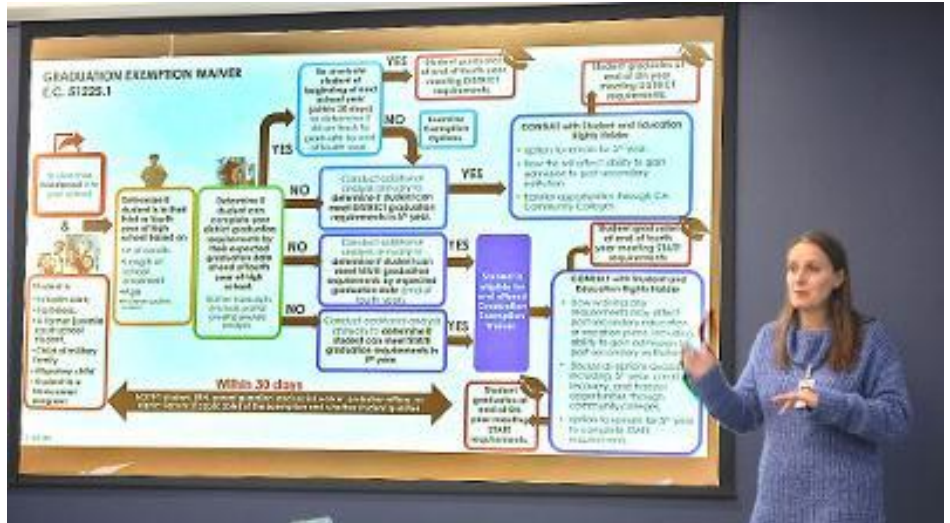
ROSIE REID
Today's Speaker
**Foster and Homeless
Youth Program Specialist**



LOIS NELSON
Honorary Member of CVCS

TODAY'S SPEAKER: *Rosie Reid*

Today's speaker, **Rosie Reid**, Foster and Homeless Youth Program Specialist, explained the Mt Diablo Unified School District's Foster/HOPE Project. The goal of the program is to focus scholarship on Foster Youth, and students experiencing homelessness, and help them experience an educational environment that builds trust between the adults, students, and a sense of inclusiveness and belonging. Students will experience culturally responsive practices and instruction, high expectations, equal access to educational opportunities, and their families will be engaged and empowered in authentic and collaborative partnerships. Rosie is also overseeing and distributing the newly formed Art in a Box project.



About the Speaker

Rosie Reid is a Program Specialist for Foster and Homeless Youth in the Mt Diablo Unified School District who has taught English and English Language Development for 21 years.

She was named 2019 California Teacher of the Year and received a 2020 Teaching Tolerance Excellence in Teaching award for her work promoting equity in and outside the classroom.

Her experience as a mom of a multiracial family with a range of sexualities, academic abilities, and affinities has heightened her awareness of issues of equity and justice.

In August of 2023, she took on the role of Foster/McKinney-Vento Liaison for the Mt. Diablo Unified School District. She is excited about the task of expanding the reach and impact of these programs.



Rosie signed the book that will be donated to the Clayton Public Library.

SAN FELIPE: *Cervical Cancer*

At the recent Rotary conference in Australia, **Torsten Jacobsen** told us that the effort on assisting in the eradication of preventable and treatable health pandemics was redirected to cervical cancer--a preventable and transmissible disease that kills hundreds of thousands of women worldwide some as young as 25 years old. **Dr. Richard Godfrey** wrote an extensive article on the subject in the September issue of the Rotary magazine and spearheaded huge projects in Nepal, Bolivia, Guatemala, and Kenya. Dr Godfrey is a member of Niles Rotary, a UCSF Associate Clinical Professor of Surgery, and he now practices primary care with RotaCare and the Ashland Free Clinic, following 35 years as a surgical oncologist with Kaiser and Highland Hospital.



A new technique, using HPV genetic screening, is superior to Pap smears and diagnosis established diseases that eliminates the need for examinations. Positive cases can be treated in less than a minute. Torsten met up with Dr. Godfrey in San Felipe and a presentation was done at our partner club. Next followed a visit to the Cancer Clinic that has been in existence for over 15 years. Dr. Godfrey was extremely impressed with the facility and especially with the vast knowledge of **Edith Fuentes Casillas**, the Director of the Cancer Center. The goal is to introduce the Ampfire diagnostic technique that will require raising about \$30K for equipment and reagents. Cost of treating a single women is about \$5. Much fun was had at several fundraising events.



DR. RICHARD GODFREY, TORSTEN, EDITH CASSILAS, TINEKE

CLUB NEWS

Community Services: BOB HUCK



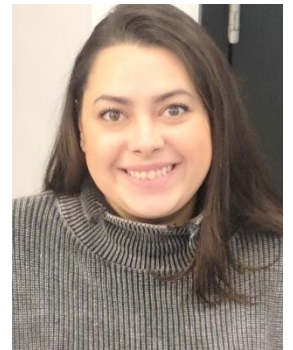
BELL RINGING: Bob told us that the annual Salvation Army bell ringing event is at the Clayton Safeway on December 9. Bob Sundberg, Barbara Reifschneider, Vicki Sexton, Irene Davids-Blair, Ken Nishimori, signed on but one more space is open to participate.

WHITE PONY EXPRESS: This will take place on December 20th from 9 to 11 am. Those who attended the one last month were Clayton, Larry, Bob, and Susie. They all said it was a lot of fun, so sign up with Bob.

Holiday Food Boxes: MONICA & MOLLY



HOLIDAY FOOD PROGRAM: Monica and Molly reported that this year we will be filling 250 boxes. The program starts Wednesday, December 6th gathering food and building boxes. Thursday, December 7th is packing day instead of a meeting. **Steve Weir** and **Russ Anderson** each donated \$500, and **Mary Kemnetz** donated the boxes. Molly is happy to announce that she secured a donation of \$2,500 from Palm Terrace. Hopefully, this donation will help our club succeed in our 250 box goal. The Interactors are looking forward to participating in the packing party next week.



Holiday Party: VICKI SEXTON & SUSIE LIM



Susie Lim and **Vicki Sexton** reminded us of the upcoming CVCS Holiday Party to be held Thursday, December 14th at 6:00 pm right here in our meeting room. (There will not be a morning meeting.) It will be catered but dessert is a pot luck and BYOB. Bring a White Elephant gift if you choose to participate. Children are invited and Santa will attend. **There is no charge.** Let us know if you're coming: vickisexton@hotmail.com.



GIVING TUESDAY: *Tuesday, November 28*



Just a quick reminder

Mark Robert, Rotary Club of Lamorinda Sunrise and District Rotary Foundation Chair 2023-2026 reports: *“While I know that Rotarians support a wide variety of good causes every day, I am asking you -- if you have not already done so during this calendar year -- to please make your donation to The Rotary Foundation. Along with your time and talent that you generously share with Rotary through your club activities, sharing your treasure will help Rotary to continue to do good around the world by making grants to support projects that truly change -- and save -- lives!”*

Please go to Rotary.org/donate and make your gift NOW! Please allocate your donation to "Annual Fund-SHARE" so that nearly half of your gift will come back to our district in 3 years for district grants to our clubs. All donations are tax deductible.”



IT'S NEVER TOO LATE: *Give Now*

Rotary Foundation Director Susie Lim says: *“This is a gentle reminder that while Giving Tuesday was a few days ago, it is never too late to give. I’m hoping you will consider making a donation to one of the Rotary Foundation’s options. Whether you choose the World Fund, Share or Polio Plus. Or you pick a more specific option like the environment, literacy, peace building, sanitation, maternal and child health or disease prevention you know that you will be making a difference in someone’s life.”*



Susie goes on to remind us that, *“next month will be a busy one with Art in a Box, Salvation Army bell ringing, holiday food boxes, and White Pony. Don’t forget our party on December 14th. There’ll be good music, good food and good friends. Make sure to let us know if you’ll be attending and if you are bringing a guest.”*

SPONSOR A STUDENT: *You Can Do it Now*

Club Historian Rich Lueck wants you to know that if you want to donate before the end of



this year, you can. **The Gracie/Kuchy Sanchez Youth Education Matching Program** is an ongoing project of the Rotary Club of San Felipe and the Clayton Valley Concord Sunrise Rotary Club, supervised by the San Felipe Club's Youth Development Committee. This program is designed to assist the families of high school students of San Felipe, Baja California, Mexico. The cost to sponsor one student per year for a three-year high school is only \$250.00 USD per year. Your sponsorship will provide the required uniform including shoes, exam fees, school fees, books and school supplies each year. Sponsors are asked to commit for a student's entire three-year high school experience so that the sponsor and student continue together as one through graduation.

The requirements for the students to continue in this program include good attendance, seeking tutoring assistance, if necessary, no drugs or alcohol, participation in community service projects, good citizenship, and prompt completion of all assignments. The student's progress and performance are checked at mid-term and at the end of each semester.

We continually assist in the communication between students and sponsors through distribution of newsletters and by sending each sponsor a copy of their student's grades. We also hold an event in San Felipe each fall so that parents, students, sponsors, and Rotarians can all get together. Students and sponsors are also encouraged to communicate directly through letters, cards, or electronically. Mail the form directly or bring it to a meeting and we will mail your check.

FUN RUN: *Not Very Happy News*



Remember what a great success the Father's Day Fun Run was? **Membership Director Jeff Wilson** reported that we may not be repeating it again next year as the city of Clayton indicated that it was too expensive and dangerous. It's not a definite cancelation, but it doesn't look good.

Fingers crossed.

THE GALLERY

A double rainbow captured by Ben Wentling.

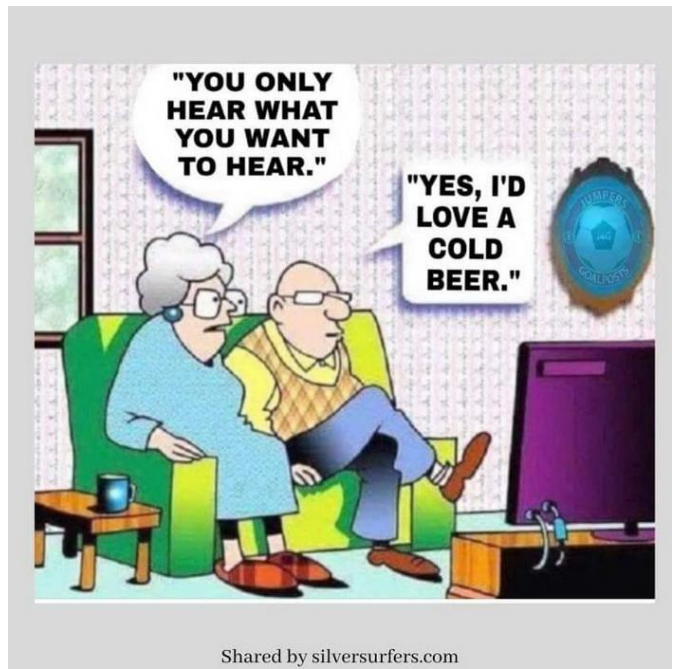
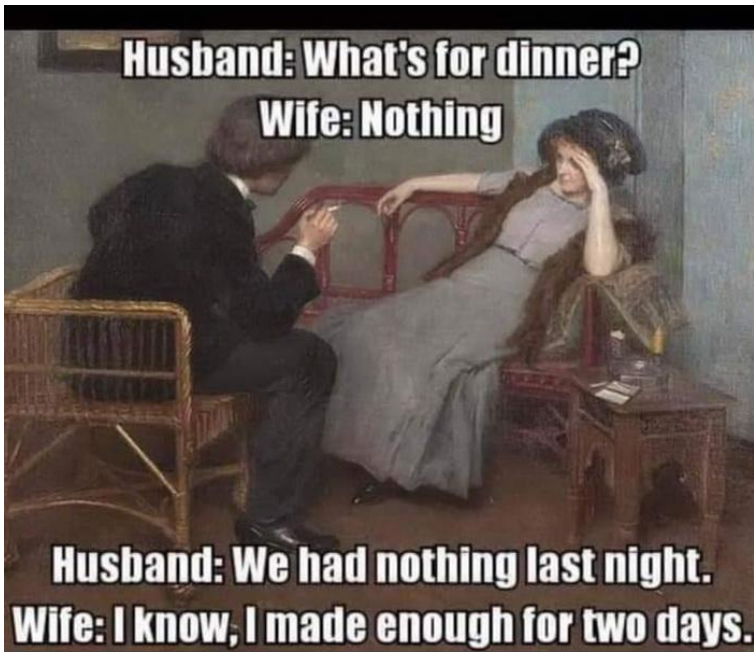


FUNSTUFF

BILL SELB

Nude photos of the
Sesame Street muppets
have been leaked online.







Everybody knows somebody that has a car they don't need. Tell your friends about how we administer this vehicle donation program with volunteers so that the charity they choose gets the highest value. Donate online at Cars2ndChance.org or call for more information: (925) 326-5868.

... That's all folks